

About Rebecca Lang

Rebecca Lang is an author, cooking instructor, television personality, and a ninth-generation Southerner. Born and raised in South Georgia, she is the author of *The Southern Vegetable Book*. Her five other cookbooks include *Fried Chicken* (Ten Speed Press, May 2015) and *Around the Southern Table* (Oxmoor House, 2012). She has a culinary arts degree from Johnson & Wales University and a journalism degree from the University of Georgia.

She has appeared on *Food Network*, *Fox & Friends Weekend*, multiple segments on QVC, *WGN America's Midday News*, and numerous regional and local networks. Rebecca and her cooking have been featured in *The Wall Street Journal*, *Southern Living*, *The Atlanta Journal-Constitution*, *The Washington Post*, the *Houston Chronicle*, *Wine Enthusiast*, *FoxNews.com*, *The Daily Meal*, *Glamour* and *Fitness* magazines. She serves as a Contributing Editor to *Southern Living* and teaches cooking classes across America.

She lives in Athens, GA, with her husband Kevin, and their children, Camden and Adair.